

2011- 2nd ANNUAL

HIKING 4 HOPE

Living God
Lutheran
Church

Raising Money to Help Fight Cancer

Living God Lutheran Church is hosting the second annual 24 hour trail walk to raise money for the American Cancer Society. We will begin Hiking 4 Hope on Friday, September 16th at 12PM, and continue until Saturday, September 17th until 12PM. We invite everyone who would like to take part in this unique event.

Hiking 4 Hope set up time will begin Friday, September 16th at 10:00am with the walk beginning at 12pm. At 7:00pm you can walk a *Celebrate a Survivors Lap*— an inspirational time when survivors are invited to walk the trail together and help everyone celebrate the victories being achieved over cancer. Starting at 9:00pm there will be a *Remember Lap Ceremony*— this lap is walked in silence, after dark, to honor those individuals who have been touched by cancer and remember loved ones lost to the disease during a Luminaria Ceremony.

On Saturday at 11:00am the final lap of *Hiking 4 Hope* will be the *Fight Back Ceremony*— this lap is for individuals to make a personal commitment to do something as simple as a screening test, quitting smoking, or talking to their personal physicians about cancer research.

Are you interested in participating in the Hiking 4 Hope project? Everyone is welcome to walk the trail. Do you know others that would walk a wooded trail with you for 24hrs? Listed below is an outline of the event.

- Everyone will receive a participation form to complete for registration.
- Once you have completed the **Participant Registration and Waiver Form** please return paperwork to Living God Lutheran Church no later than Wednesday, August 17, 2011.
- Each participant is encouraged to collect contributions for the American Cancer Society. *(All checks are to be written to the American Cancer Society)*
- All participants will bring their collected monies to LGLC, Friday, September 16th during registration. All donations, and luminaria forms will be collected at this time.
- A check list will be provided to those who are interested in spending the night on the church property.
- Now it's time to have fun, walk, and celebrate for 24 hours.

(Living God Church will be open the entire 24 hours of the scheduled event. Food will be sold at designated times during the event (all monies collected by the kitchen will be donated to the American Cancer Society) and restrooms are available the entire 24 hours of the event).

Living God

LUTHERAN CHURCH

Go forth with the gospel!



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Living God Lutheran Church

Participant Registration and Waiver

PLEASE PRINT ALL INFORMATION

Participant Name: _____ Age: ____
 Participant Address: _____
 City: _____ State: _____ Zip: _____
 Home Phone: () _____ Work Phone: () _____
 In case of an emergency, call _____ Phone: () _____
 E-mail Address: _____

I. WAIVER— Each participant MUST read and sign.

- As a participant in Hiking 4 Hope, I, for myself, do hereby release and discharge Living God Lutheran Church, the event site, their management, their officers, members, sponsors, organizers, or their representatives, and all cooperating businesses and organizations from all claims of damages, demands, actions, and causes whatsoever, in any manner arising or growing out of my participation or that of my child in this event.
- I give my full permission for the use of my name and photograph in this event.
- I also give my full permission for such first aid as is deemed necessary to be provided to me or my child on the premises or prior to transport to a hospital for further treatment.

Participant Signature: _____ Date: ___/___/___

(signature of parent or legal guardian if child is under 18)

***If you are submitting this form electronically, your signature will be required during sign up Friday, Sept. 16th.

**Hiking 4 Hope is an Alcohol and Tobacco Free event.

**No children under the age of 18 permitted without parental supervision.

**No individual open fires permitted on property site.

II. I AM A CANCER SURVIVOR. *Optional:* YES NO If yes, year diagnosed: _____

As a cancer survivor, I will participate in the Survivor Victory Lap. YES NO

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LUTHERAN CHURCH



Hiking 4 Hope Track Schedule

TIME	
12:00-1:00 pm	
1:00-2:00 pm	
2:00-3:00 pm	
3:00-4:00 pm	
4:00-5:00 pm	
5:00-6:00 pm	LGLC Kitchen Open
6:00-7:00 pm	LGLC Kitchen Open
7:00-8:00 pm	Survivor Lap
8:00-9:00 pm	MOVIE/POPCORN
9:00-10:00 pm	Luminaria Lap
10:00-11:00 pm	
11:00-Midnight	
Midnight-1:00 am (quiet time)	
1:00-2:00 am (quiet time)	
2:00-3:00 am (quiet time)	
3:00-4:00 am (quiet time)	
4:00-5:00 am (quiet time)	
5:00-6:00 am (quite time)	
6:00-7:00 am	LGLC Kitchen Open
7:00-8:00 am	LGLC Kitchen Open
8:00-9:00 am	Remembering 9/11/01- Red, White, and Blue Lap
9:00-10:00 am	
10:00-11:00 am	
11:00-12:00 am	Fight Back Lap



LIGHTING
of the
LUMINARIA

LIGHT THE WAY TO A CURE!

Remember to honor a loved one by dedication a luminaria candle to be lit during the 2011 Hiking 4 Hope event at Living God Church. The Luminaria Ceremony will take place on Friday, September 16th at 9pm. All proceeds from the event help support all the goals of the American Cancer Society. A \$5 minimum donation for each Luminaria is requested.

Luminaria Order Form Hiking 4 Hope 2011

Fri. September 16th—Sat., September 17th, 2011

Your name: _____

Address: _____

City: _____ State: _____ Zip: _____

In Memory of: _____

or

In Honor of: _____

(please make checks out to the American Cancer Society)

Total Contribution: \$ _____

Below, please print the message you would like placed on the luminaria bag.

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Supply List

Be sure to come to **Hiking 4 Hope** prepared! Here's a quick list of things that you should be sure to have handy for the event...

- Tent(s) for your campsite
- Proper clothing (extra clothing) for weather - Ponchos - jackets, sweats, coats - t-shirts, shorts, flip-flops, hat
- Cell phone
- Pillows & sleeping bags
- Campsite decorations
- Flashlight/extra batteries
- Cooler with extract snacks and drinks.
- Bug spray/sun screen
- Costumes
- Money!!
- Walking/Running shoes
- Folding Chairs/Tables
- Stick Lighters (to help light luminaria bags)
- Scissors/markers/crayons to decorate your luminaria bags.
- Campsite Map (provided by committee)
- Activity Schedule